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BRAZILIAN CONSENSUS MEETING ON PEDIATRIC HEMATOPOIETIC STEM CELL TRANSPLANTATION FOR ACQUIRED APLASTIC ANEMIA AND INHERITED BONE MARROW FAILURE SYNDROMES

Luiz Guilherme Darrigo Junior¹, Gisele Loth^{2,3}, Phillip Scheinberg⁴, Elias Hallack Atta⁵, and Carmem Bonfim ^{,3,6}

- 1 Hospital de Clínicas da Faculdade de Medicina da Universidade de São Paulo Ribeirão Preto
- 2 Hospital de Clínicas da Universidade Federal do Paraná
- 3 Hospital Infantil Pequeno Príncipe
- 4 Hospital A Beneficência Portuguesa de São Paulo
- 5 Instituto Nacional do Cancer INCA
- 6 Hospital Nossa Senhora das Graças

Correspondence to: Luiz Guilherme Darrigo Junio - darrigo.jr@gmail.com

INTRODUCTION

Aplastic anemia (AA) is characterized by bone marrow failure associated with pancytopenia and bone marrow hypoplasia/aplasia, without excessive blasts, neoplastic infiltration, or fibrosis. AA can be hereditary or acquired, an important distinction given that hereditary presentations do not respond to immunosuppression¹. Most cases are acquired where an etiologic trigger cannot be identified, in which autoimmune pathophysiology is inferred².

Acquired AA is a rare disease with an estimated incidence of 2 to 3 cases per million in the Western world and 1,64 cases per million in Latin America. This disease is even rarer in the population under ten years, with an incidence rate of 0,92 cases per million inhabitants/year. There are two incidence peaks, the highest around 20-30 years and the second after 60 years³.

ETIOLOGY AND PATHOPHYSIOLOGY

The rarity of the disease is probably explained by the need for a combination of factors for its development. The etiology involves predisposing characteristics, exposure to specific events, and individual differences in the immune response. Unfortunately, the way each one of these factors contributes to disease mechanisms has not yet been completely clarified. Currently, about 70 to 80% of cases are considered idiopathic. However, exposure to certain drugs, infections, radiation, pregnancy, and rheumatologic diseases may be involved in its etiology, either by direct toxicity to the hematopoietic stem cell or by an immune mechanism⁴.

In most cases, AA behaves like an immune-mediated disease. Initially, occurs an activation and expansion of oligoclonal cytotoxic T cells. Then, the release of hematopoiesis-suppressing cytokines: interferon- γ (IFN- γ), tumor necrosis factor- α (TNF- α), and interleukin-6 (IL-6), which cause DNA damage and consequent apoptosis of bone marrow CD34+ stem cells. In vitro studies have already proven these mechanisms. However, it is still unknown what the initial trigger for T cell activation is, nor how the disruptive event that leads to loss of immune tolerance occurs^{2,5}.

The response to immunosuppressive therapy supports this immune hypothesis for the pathophysiology of AA. However, a small part of the cases may have other mechanisms involved. About a third of patients have shortened leukocyte telomeres, which may be due to mutations in the telomerase complex. These mutations reduce the enzyme activity, causing progressive erosion of telomeres and a deficiency in the proliferative capacity of hematopoietic progenitor cells^{2,3}.

Normal hematopoiesis also involves a complex relationship between progenitor cells and the bone marrow microenvironment, which is necessary to regulate various stages of cell proliferation and differentiation. In AA, the microenvironment can also be affected, preventing the proliferation of stem cells, even if transplanted from a healthy donor^{6,7.}

The pathophysiology of AA, therefore, suggests two possibilities for treatment: Hematopoietic stem cell transplantation (HSCT), which replaces deficient hematopoietic stem cells (HSC) with normal progenitors; and suppression of the immune process that causes damage to hematopoiesis¹. In face suspicion of aplastic anemia, the diagnosis of acquired AA must be differentiated from inherited bone marrow failure syndromes (IBMFS) since the management and treatment are different⁸.

DIAGNOSIS AND CLASSIFICATION

Considering the need for proper investigation for the differential diagnosis, including personal and family history, exposure to toxins and infectious agents, physical examination focused on malformations and other somatic abnormalities characterizing constitutional marrow failure syndromes, in addition to careful clinical evaluation, the following tests are recommended (table1):

Mandatory tests for diagnosis	Ideal investigation for differential diagnosis with constitutional syndromes
- Complete blood count - Reticulocyte count - Liver function tests - Testes de função hepática - Serology / PCR for viral hepatitis - Myelogram - Cytogenetics of bone marrow - Immunophenotyping of bone barrow - Immunophenotyping of bone barrow - Bone marrow biopsy - Peripherical blood flow cytometry for paroxysmal nocturnal hemoglobinuria - Screening for autoantibodies - Dosage of vitamin B12 and folate	- Chromosomal fragility test (mitomycin or diepoxybutane) - Fecal elastase and pancreatic lipase - Fibrinogen and serum ferritin - Telomeric length - Next-Generation Sequencing (NGS) panels to identify cryptic mutations: TERC and TERT mutation analysis TNF2, NHP2, NOP10, DKC1, and cMPL mutation analysis Shwachman-Diamond Syndrome mutation analysis Blackfan-Diamond Syndrome mutation analysis

TABLE 1. Diagnostic tests

After the diagnosis, the classification of disease must be made based on the abnormalities present in the bone marrow and peripheral blood, as demonstrated in table 2.

Moderate or Non-severe Aplastic Anemia (NSAA)	Severe Aplastic Anemia (SAA)	Very Severe Aplastic Anemia (VSAA)
- Hematopoietic marrow cellularity <30% - Neutrophil >500/μl but < 1000/μl - Lack of criteria for severe or very severe	- Hematopoietic marrow cellularity <30% - At least two of the following conditions: Neutrophil < 500/μl Platelets < 20.000/μl Reticulocytes < 20.000/μl	- Like severe but with neutrophils <200/μl

TABLE 2. Classification of AA based on the severity5

FIRST-LINE TREATMENT OF ACQUIRED SAA

Nowadays, HSCT and IST are considered acceptable treatment options for children with acquired AA. The current guidelines recommend that patients younger than 40 years with an HLA-identical related donor undergo HSCT as their first-line treatment⁹. Matched unrelated donor (MUD) HSCT is considered an option for first-line therapy if performed in less than 2-3 months. Otherwise, immunosuppression should be initiated¹⁰. Thus, HLA typing for the patient and family should be immediately performed for any patient with newly diagnosed SAA who is a candidate for HSCT. The source of HSC for HSCT in SAA should always be bone marrow. An EBMT registry study with 1886 patients with SAA who underwent HLA-identical related HSCT observed an overall survival (OS) advantage for patients who received bone marrow compared to peripheral blood in all age groups: 1-19 years (90% versus 76%, P<0.00001) 11. Rabbit ATG should always be used in the conditioning regime for related HSCT. A CIBMTR registry study demonstrated a protective effect of rabbit ATG against acute and chronic GVHD in related HSCT: 17% versus 6% (P<0.001) and 20% versus 9% (P<0.001), respectivel¹². In unrelated HSCT, rabbit ATG protected against acute GVHD (42% versus 23%, P<0.001) and was independently associated with better OS (83% versus 75%, $P= 0.02)^{12}$. The conditioning regime in SAA must be non-myeloablative due to the absence of malignant cells, therefore preserving fertility in young patients and reducing the long-term sequelae after HSCT.

Currently, recommended conditioning regimens for related HSCT is CY 200 mg/kg + rabbit ATG 5 - 7.5 mg/kg while the recommended conditioning regimens for unrelated HSCT are Fludarabine 120mg/m² + CY 120 mg/kg + rabbit ATG 5 - 7.5 mg/kg + total body irradiation (TBI) 200 cGy (10). The addition of TBI at a dose of 200 cGy reduces the incidence of primary failure, especially in adult and/or polytransfused patients¹³. The ideal immunosuppression regimen after HSCT in SAA consists of a combination of a calcineurin inhibitor (tacrolimus or cyclosporine A) with methotrexate¹⁴. The calcineurin inhibitor must be started on day -1 and must be maintained for at least one year after HSCT with a slow withdrawal afterward. Methotrexate should be used on the shortcourse regimen (15 mg/m² on day +1 and 10 mg/m²) on day +3, day +6, and day +11).

Those not eligible for upfront transplant due to a lack of an HLA-matched donor should receive treatment with horse anti-thymocyte globulin (ATG) and cyclosporine (CSA)⁹. Due to the unavailability of horse ATG in Brazil, rabbit ATG is used for first-line treatment in association with CSA, despite the lower response rate observed with this ATG preparation compared with horse ATG^{9,15}. A recent study showed that eltrombopag added to horse ATG-based IST did not improve outcomes in children with SAA¹⁶. The combination of rabbit ATG-based IST and eltrombopag for the first-line treatment of acquired SAA is still unknown.

SECOND-LINE TREATMENT OF ACQUIRED SAA

Patients who do not respond to first-line immunosuppressive treatment must undergo bone marrow reassessment to exclude clonal evolution. An HLA MUD should be preferred at this time using the conditioning regimen described before.

Although early studies on UCBT in patients with acquired AA showed limited success, new studies have shown promising results. Kudo et al, demonstrated the excellent OS in patients treated with the conditioning regimen comprising fludarabine, cyclophosphamide or melphalan, and low dose irradiation without anti-thymocyte globulin¹⁷. Similar results were demonstrated by the French group in a prospective study using conditioning with FLU, CY and 2 Gy of TBI with ATG; this group reported a 2-year OS rate of 81% and engraftment of 88%¹⁸.but results from previous studies are not encouraging. We conducted a prospective nationwide phase 2 study to assess unrelated cord blood (CB Considering this data, we believe that UCB transplantation can be a treatment option for children who lack an MRD, MUD or emergency cases.

Haploidentical HSCT is another promising treatment option for patients with acquired AA who failed IST or even patients who failed a previous HSCT¹⁹. The choice between a mismatched unrelated donor or a haploidentical related donor must be made individually. This decision should be based upon the urgency of the transplant, neutrophil count, age of the recipient, the donor's characteristics (age, gender, and ABO/CMV agreement), and the presence of donor-specific antibodies against HLA (DSA).

Based on national experience, the recommended conditioning regimen for haploidentical HSCT consists in the association of:

Flu 150 mg/m² + CY 29 mg/kg + TBI 400 cGy single dose. The use of increased doses of TBI was associated with a reduction in the primary graft rejection rate, 27% versus 7% (P=0.02), and a higher 2-year event-free survival, 88% versus 60 % (P=0.01). The

role of rabbit ATG in conditioning for haploidentical HSCT remains controversial. It can be considered mainly for the treatment of naïve patients or those who have not received ATG during immunosuppressive treatment²⁰.

The source of HSC must be the bone marrow, and GVHD prophylaxis consists of the association of CY 50 mg/kg/day on days +3 and +4, mycophenolate mofetil 45mg/kg/day from day +5 to +35, and calcineurin inhibitor from day +5 to +365 with slow with-drawal after this period²⁰.

Although promising, haploidentical transplantation is still not recommended in the upfront treatment of AA until the results of prospective studies (NCT02833805). However, in some select cases in the pediatric setting, upfront haploidentical BMT may be considered for patients with zero neutrophils or very severe aplastic anemia and life-threatening infections in centers of expertise.

INHERITED BONE MARROW FAILURE SYNDROMES

Inherited Bone Marrow Failure Syndromes (IBMFS) constitute a heterogeneous group of genetic disorders characterized by the inadequate production of one or more hematopoietic lineages leading to the development of cytopenias^{21,22}. Distinct biological mechanisms underlie the pathophysiology in IBMFS, such as repair pathways in Fanconi anemia (FA), telomere maintenance in dyskeratosis congenita (DKC), and ribosomopathy in Shwachman Diamond syndrome (SDS) and Diamond Blackfan anemia (DBA) ²³. These disorders are generally associated with the presence of congenital malformations and an increased risk of cancer, especially hematological and gynecological, as well as squamous cell carcinomas²⁴. Although the diagnosis usually occurs in childhood, adults with a history suggestive of a hereditary bone marrow failure syndrome should be investigated²² It is essential to highlight that these patients must be monitored throughout their lives, given the risk of developing non-hematopoietic neoplasias, which have a better prognosis if detected early²⁵.

FANCONI ANEMIA

Fanconi Anemia (FA) is rare, with a prevalence of 1 in every 100,000 births, usually inherited as an autosomal recessive disease. It is characterized by progressive bone marrow failure, congenital malformations, and increased risk of myelodysplasia and acute myeloid leukemia, as well as solid tumors, particularly squamous or epithelial cell carcinomas. Although congenital abnormalities are frequent, up to 30% of FA patients may not present apparent somatic abnormalities. However, bone marrow failure will develop in approximately 90% up to 40 years of age, the majority at the end of the first decade^{21,26}.

The disease results from functional impairment of genes involved in the DNA repair pathway, making these patients highly susceptible to severe damage from ionizing radiation and chemotherapy, making HSCT particularly challenging. The diagnosis is based on the chromosomal breakage tests with diepoxybutane (DEB) and mitomycin. To date, 22 genes involved in the pathogenesis of the disease have been identified, with the FANCA mutation being the most prevalent²⁷.

For patients in the aplastic phase, treatment involves transfusions of blood components and androgens, while HSCT is considered the only curative treatment. Nevertheless, due to genomic instability, transplant strategies need to be modified to decrease transplant-related toxicity and mortality. The 5-year survival after a transplant from a compatible related donor is around 90%, and very similar for alternative donors^{28,29}.

BLACKFAN DIAMOND SYNDROME

Blackfan Diamond Anemia (BDA) is caused by a defect in erythropoietic progenitors, resulting in severe anemia with very early onset, most commonly before the first year of life. It has an incidence of 7 in every 1 million live births. It is caused by mutations in ribosomal protein genes, the most common being RPS19, or in non-ribosomal genes, such as GATA1, TSR2, ADA2, and EPO³⁰.

About 50% of patients have associated congenital abnormalities, the most common being craniofacial, skeletal, genitourinary, cardiac, and upper limbs. There is also a predisposition to hematologic malignancies, such as myelodysplasia and acute myeloid leukemia (AML), and solid tumors, such as colon carcinoma and osteosarcoma.

The first line of treatment is corticosteroid therapy, but although 80% have an initial response, only 20% of patients achieve complete and lasting remission without corticosteroid dependence. HSCT is potentially curative and is indicated for non-responders to corticosteroids, who need high doses to obtain a satisfactory response, or those who evolve with aplasia in other series or myelodysplasia/AML^{31,32}. Best results are achieved when patients are transplanted young with a matched related or unrelated donor following a myeloablative regimen^{32,33}.

TELOMERE DISEASES / DYSKERATOSIS CONGENITAL (DC)

Telomere disease is a group of disorders with a broad spectrum of manifestations caused by a structural defect and repair of telomeres. Hematological manifestations are widespread and include bone marrow aplasia, cytopenia of at least one lineage, in addition to myelodysplasia and acute myeloid leukemia³⁴.

The classic form of telomere disease is dyskeratosis congenita, which is characterized by a triad of manifestations that include reticular pigmentation of the skin, oral leukoplakia, and dystrophic nails. However, the range of manifestations associated with the mutations described in telomere disease is extensive, from patients with only hematological involvement to complex syndromes such as Hoyeraal-Hreidarsson Syndrome, Revesz Syndrome, and Coats plus Syndrome. The onset of manifestations can also occur from infancy to the fifth decade of life³⁴.

The pathophysiology of the disease is linked to mutations such as DKC1, TERC, TERT, NOP10, NHP2, TCAB1, NAF1, PARN, and TINF2, which affect the transcription of proteins linked to telomere maintenance. Failure in this maintenance leads to progressive telomere shortening, with consequent cessation of cell replication and senescence. The inheritance pattern can be X-linked or autosomal dominant, with variable penetrance³⁵. Although results have improved in the past decade due to reduced-intensity regimens, long-term survival is still poor because of disease progression (pulmonary and liver fibrosis and hepatopulmonary syndrome)^{36,37}.

CONGENITAL AMEGAKARYOCYTIC THROMBOCYTOPENIC

Congenital amegakaryocytic thrombocytopenia (CAMT) is a rare marrow failure syndrome, characterized by thrombocytopenia from birth, with progression to aplasia (91% at 13 years of age) or acute myeloid leukemia (55% at 17 years of age)²². Patients with this disease do not have typical physical characteristics, except for the signs of bleeding associated with thrombocytopenia.

In most cases, the disease is associated with an autosomal recessive mutation in the MPL gene, which encodes the thrombopoietin receptor³⁸. Although there is a possibility of response to the use of androgens, a definitive cure can only be achieved with hematopoietic stem cell transplantation³⁹.

SHWACHMAN DIAMOND SYNDROME

Shwachman Diamond Syndrome accounts for up to a quarter of congenital neutropenia cases. It is characterized by bone marrow failure, exocrine pancreatic dysfunction, and predisposition to myelodysplasia and acute myeloid leukemia. The patient usually presents with moderate and intermittent neutropenia, mild to moderate thrombocytopenia and anemia and increased fetal hemoglobin. Diarrhea is expected, with increased fat and decreased fecal elastase⁴⁰. The syndrome may be associated with malformations such as metaphyseal dysplasia and narrow thorax, cutaneous manifestations such as eczema and ichthyosis, in addition to psychomotor and growth retardation. The disease may go clinically unnoticed until malignant transformation, which occurs in up to 36% of patients⁴¹.

Almost 90% of patients have an autosomal recessive mutation in the SBDS gene, which encodes a protein involved in ribosomal maturation. However, mutations in SRP54, DNAJC21, and EFL1 can have a similar clinical presentation⁴². HSCT is indicated for patients that develop severe cytopenias and clonal evolution. Two recent publications from Europe and the USA have shown a 5-year OS of 70% for pts with marrow failure (using reduced-intensity regimens) and a dismal outcome for those with MDS or AML^{41,43}.

GENERAL RECOMMENDATIONS

Donor selection: All siblings should be tested for IBMFS before being considered potential donors for HSCT⁴⁴.

HLA Compatibility: The ideal unrelated donor must be HLA identical in high resolution typing for the HLA-A, -B, -C, -DRB1, and -DQB1 locus, that is, 10:10 compatibility. Donors with one or more allelic incompatibility are at increased risk of primary graft failure, GVHD, and transplant-related mortality⁴⁵. We recommend testing DP locus as incompatibilities in DPB1 are associated with an increased risk of GVHD and transplant-related mortality⁴⁶.

Cell source: Bone marrow is the preferred source of HSC. The use of cord blood is recommended only when matched unaffected siblings are available and outcomes are excellent^{47,48}. Unrelated umbilical cord blood transplantation is usually associate with high rejection and GVHD rates and should be performed with caution^{48,49}.

INHERITED BONE MARROW FAILURE SYNDROMES

FANCONI ANEMIA

Recommendation:

Indications for transplant include marrow failure or clonal evolution (myelodysplastic syndrome - MDS or acute myeloid leukemia - AML). In an ideal scenario, HSCT should be performed before blood transfusions, serious infections, or the development of clonal disease^{44,50,51}.

Conditioning:

Patient in aplasia with an identical related donor²⁸

- Cyclophosphamide (Cy) 60 mg/kg (divided into 4 days: D -6, -5, -4, -3);
- Mesna, 160% of the Cy dose, divided into five doses (0, 3, 6, 9, and 12 hours after Cy);
- Rabbit ATG at a dose of 5 mg/kg (divided into three days: D-3, D-2, and D-1), in patients aged 11 years and older, to reduce the incidence and severity of GVHD.

Patient in aplasia with unrelated matched donor 29,44,51

- Cy 60 mg / kg (divided into four days: D -6, D-5, D-4, D-3);
- Mesna, 160% of the Cy dose, divided into 5 doses (0, 3, 6, 9 and 12 hours after Cy);
- Fludarabine 150 mg/m² (divided into 5 days: D -6, D-5, D-4, D-3 D-2);
- Rabbit ATG 5 mg/kg (divided into three days: D -3, D-2 and D-1).

Patients progressing to MDS and/or AML with matched related or unrelated donors The preparatory regimen will depend on the clinical conditions and the disease stage. These patients may be referred for transplantation without prior chemotherapy. Patients with refractory cytopenia of MDS with less than 10% blasts (RAEB-1) should be treated according to the recommended protocol for Fanconi's anemia in the aplastic phase. In patients with 10% or more blasts in the bone marrow and good clinical condition, the FLAG protocol (fludarabine, cytarabine, and G-CSF) is recommended, followed by related or unrelated HSCT approximately two weeks after the beginning of the chemotherapy. This scheme should be performed

only on patients with a related or unrelated donor and a confirmed transplant schedule⁵².

GVHD prophylaxis for patients with matched related or unrelated donors should be performed with cyclosporine and a short course of methotrexate (D1 15mg/m2, D+3, +6 and D+11: 10mg/m2). If possible, methotrexate can be substituted by mycophenolate mofetil 45mg/kg/day divided into three doses. It is essential to have IV MMF available for patients unable to swallow oral MMF.

Patients in aplastic phase or with clonal evolution lacking a matched related or unrelated donor:

- It is recommended that the decision to proceed to transplant should be discussed with the experts to define the best time to perform this procedure and the best conditioning/prophylaxis regimen for GVHD.
- These patients can benefit from haploidentical transplantation using a modified dose of post-transplantation cyclophosphamide. However, we recommend that this transplant be performed only in centers with experience in this type of patient⁵³.

BLACKFAN-DIAMOND ANEMIA

Recommendation:^{51,54}

- Non-response to steroids, steroid dependency at a dose of ≥ 0.3 mg/kg/day, unacceptable steroid toxicity.
- Dependence on transfusions and/or alloimmunization.
- Pancytopenia or with progression to MDS /AML.

Conditioning:

Patients with matched related or unrelated donors⁵⁵

- Busulfan 16 20 mg/kg EV + Fludarabine 160 mg/ m² + rabbit ATG 5 mg/kg;
- Rabbit ATG 5 mg/kg (divided into three days: D -3, D-2 and D-1).

Comments:

Transplantation should be performed in patients under ten years of age, preferably before five years of age^{33,55}. The dose of busulfan should be myeloablative and based on the patient's weight and preferrable with pharmacokinetics. GVHD prophylaxis for patients with matched related or unrelated donors (bone marrow) should be performed with cyclosporine and a short course of methotrexate (D1 15mg/m2, D+3, +6 and D+11: 10mg/m²). For patients receiving related cord blood transplants, GVHD prophylaxis performed with cyclosporine with metilprednisolone or mycophenolate mofetil.

BODY WEIGHT	MG/KG/DAY56
3 to 15kg	5.1
15 to 25kg	4.9
25 to 50kg	4.1
50 to 75kg	3.3
75 to 100kg	2.7

TELOMERE BIOLOGY DISEASE OR DYSKERATOSIS CONGENITA (DC)

Recommendation:

The indication for transplant includes patients in the aplastic phase, myelodysplasia, or acute leukemia. In the ideal scenario, HSCT should be performed before transfusions, serious infections, or clonal evolution⁵¹. The prototype of telomeric biology disease (TBD) is DC; however, we recommend that transplants also be performed in patients with severe aplasia and very short telomeres (<1%), even in the absence of classic symptoms of DC.

Conditioning:

Patients with matched related or unrelated donors $^{\rm 36,51}$

• Cy 60 mg/kg (divided into 4 days: D -6, D-5, D-4, D-3);

• Mesna 160% of the Cy dose, divided into 5 doses (0, 3, 6, 9 and 12 hours after Cy);

• Fludarabine 150 mg/m² (divided into 5 days: D -6, D-5, D-4, D-3 D-2);

• Rabbit ATG 5 mg/kg (divided into three days: D -3, D-2 and D-1).

GVHD prophylaxis: same as in Fanconi anemia.

SHWACHMAN-DIAMOND SYNDROME

Recommendation^{51,57}:

- Progressive cytopenias or pancytopenia.
- Dependence on blood transfusions.
- Progression to MDS / LMA.

Conditioning:

Patients with matched related or unrelated donors^{41,43}

- Cy 120 mg/kg + Fludarabine 150 mg/m²;
- Mesna 160% of the Cy dose, divided into 5 doses (0, 3, 6, 9 and 12 hours after Cy);
- Rabbit ATG 5 mg/kg (divided into three days: D-3, D-2 and D-1).

Comments

Although there is no consensus regarding the best conditioning for SBDS patients, the best results were obtained in patients receiving a reduced-intensity conditioning regimen using a matched related or unrelated donor^{41,43}.

GVHD prophylaxis for patients with matched related or unrelated donors should be performed with cyclosporine and a short course of methotrexate (D1 15mg/m², D+3, +6 and D+11: 10mg/m²). If possible, methotrexate can be substituted by mycophenolate mofetil 45mg/kg/day divided into three doses.

CONGENITAL AMEGAKARYOCYTIC THROMBOCYTOPENIC PURPURA

Recommendation^{58,59}

 Severe thrombocytopenia and transfusion-dependent patients.

Pancytopenia or evolution to MDS / AML.

CONDITIONING:

Patients with matched related or unrelated donors:^{59,60}

- Busulfan 16 20 mg/kg EV + Fludarabine 160 mg/m².
- Rabbit ATG 5 mg/kg (divided into three days: D -3, D -2 and D -1).

The busulfan dose should be myeloablative and based on the patient's weight and preferrable with pharmacokinetics, as mentioned before.

GVHD prophylaxis for patients with matched related or unrelated donors (bone marrow) should be performed with cyclosporine and a short course of methotrexate (D1 15mg/m², D+3, +6 and D+11: 10mg/m²). For patients receiving related or unrelated cord blood transplants, GVHD prophylaxis performed with cyclosporine with metilprednisolone or mycophenolate mofetil

CONCLUSION

HSCT is currently the only curative option for the hematological complications related to the different IBMFS^{21,47,61}.

All family donors should be screened before considered potential donors.

Patients and their families should be informed that HSCT corrects only the hematological manifestations of the disease.

We advise that all transplant patients be followed up for a lifetime to prevent or detect early changes resulting not only from HSCT but also from the underlying genetic disorder²⁵.

Iron overload should be treated aggressively. Patients with DC/TBD may have progression of the disease with pulmonary and liver fibrosis and vascular complications. Particular attention should be paid to the increased risk of cancer in all IBMFS, especially in FA, DBA, and DC^{25,26}.

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